

## SALADS & WRAPS

Get any salad in a wrap, add .50

Dressings: Bleu Cheese, Ranch, Oil & Vinegar, Caesar, Spiced Tahini, or Sweet Mustard Vinaigrette

**HOUSE SALAD** -Mixed Greens, Red Onion, Tomato, Cucumber & Shredded Carrots  
Sm 4.75 Lg 6.00

**CHICK'N CAESAR SALAD**-Grilled or Fried Mock Chicken, Romaine Lettuce, Tomato, Cucumber, Black Olives & Croutons Served w/ Caesar Dressing 8.75

**BUFFALO CHICK'N SALAD**-Grilled or Fried Mock Chicken in Buffalo Sauce, Romaine Lettuce, Tomato, Cucumber & Shredded Carrots Served w/ Bleu Cheese Dressing 8.75

**CHICK'N BACON RANCH SALAD**-Grilled or Fried Mock Chicken, Soy Bacon, Romaine Lettuce, Tomato & Cucumber Served w/ Ranch Dressing 8.75

**TACO SALAD**-Corn Tortilla Chips, Black Bean Chili, Lettuce, Tomato Salsa, Sour Cream and Daiya Cheese 8.75

## GOOD RANDOM SHITE!

**HOMEMADE CHILI CON SEITAN**-Ground Seitan w/ Kidney Beans, Peppers, Onions, Tomato & Spices 6.50

Add Chipotle Cheese Sauce or Daiya Cheese \$1 Extra

**CLASSIC NACHOS**-Corn Tortilla Chips Served w/ Chili or Black Beans, Tomato Salsa, Cheddar Soy Cheese & Tofu Sour Cream 9

Add Chick'n \$2 Extra

**FISH-N-CHIPS**-Five Classic or "English Style" "Fish" Sticks Served w/ Foodswings Tartar Sauce and Fries 7.50

Leave off the Fries 6.50

**PERSONAL PIZZA**-Panini Bread Layered w/ Homemade Pizza Sauce and Daiya Mozzarella Cheese 6

Add any topping 1 each: Soy Pepperoni, Soy Bacon, Homemade Seitan Sausage, Peppers, Mushrooms, or Onions

**CHICK'N NUGGETS**-Homemade Golden Fried Mock Chicken Nuggets Served w/ Choice of BBQ Sauce or Sweet Mustard Sauce

Eight Pieces 6.50 / Twelve Pieces 8

**4SKINS**-Four Potato Skins w/ Bacon Bits, Cheddar Soy Cheese & Tofu Sour Cream Oi! 6.50

## FOODSWINGS' DRUMSTICKS

(Please note: "bones" are not edible & may present a choking hazard to small children, the elderly & the intoxicated)

ALL drumsticks \$2.50 ea (try one of each!)

**BUFFALO STYLE**-Breaded, Fried & Then Smothered in Buffalo Sauce Served w/ Foodswings' Bleu Cheese

**BBQ**-Drenched in BBQ Sauce & Fired Up On The Grill

**SOUTHERN FRIED**-Battered & Fried

**SWEET SOUTHERN FRIED BBQ**-Battered, Fried & Then Drenched in a Sweet BBQ Sauce

**COMBO PLATE**-Three Drumsticks w/ Choice of House Salad, Mac n Cheese, Fries, Plantains, or Mashed Potatoes 10.75

## HOT/COLD SANDWICHES

**CHICK'N PARMIGIANA**-Breaded Mock Chicken Cutlets w/ Daiya Mozzarella Cheese, Covered in Marinara Sauce, on Italian Bread 8.75

**CHICK'N CAESAR CLUB**- Grilled Mock Chicken, Romaine Lettuce, Tomato & Black Olives Served w/ Caesar Dressing on Italian Bread 8.75

**TEMPEH RUBEN**-Marinated Tempeh, Soy Swiss Cheese & Warm Sauerkraut on Toasted Rye Bread w/Foodswings Secret Sauce 7.50

**GRILLED CHEESE**-A Mix of Cheddar and Mozzarella Daiya Cheese on White 5

**CHICK'N CUTLET**-Breaded & Fried Mock Cutlet w/Lettuce, Tomato, Onion & Soy Mayo on a Roll 7

**CHICK'N CORDON BLEU**-Breaded & Fried Mock Cutlet, Soy Ham & Daiya Mozzarella Cheese w/ Lettuce, Tomato, Onion & Foodswings Dijonaise on a Roll 7.50

**CHICK'N CUTLET BACON RANCH**-Breaded & Fried Mock Cutlet, Soy Bacon w/ Romaine Lettuce, Tomato, Onion & Foodswings Ranch Dressing on a Roll 7.50

**ITALIAN HERO**-Soy Salami, Ham, Pepperoni, Roasted Red Peppers, Black Olives, Romaine Lettuce, Tomato, Onion, Oil, Vinegar & Oregano w/ Mayo or Mustard 8.75

**FILET OF SOUL**-Breaded & Fried Mock Fish Sticks, Soy Cheese & Tartar Sauce w/ Lettuce & Tomato, Onion on a Roll 7.50

**PHILLY CHEESE STEAK**-Marinated Mock Steak w/ Onions, Mushrooms & Your Choice of Daiya Cheese (American or Mozzarella) or "The Wiz" Served on Italian Bread 8.75

Add Peppers \$1 Extra

**EGGIE & CHEESE**-Fried Tofu "egg style" with Sliced Soy Cheese on Toast 5.25

Add Soy Bacon, Soy Ham or Soy Breakfast Sausage for \$1 Extra Each

**HAM & CHEESE MELT**-Griddled Mock Ham & Melted Daiya Cheese on Toast 6

Make it Cuban Style (Pickles, Mustard & Soy Mayo) \$1 Extra

**GYRO**-Seasoned Homemade Seitan w/ Lettuce, Tomato, Red Onion & Vegan Tzatziki Sauce Wrapped in Flatbread 9.25

**SAUSAGE & PEPPERS HERO**-Homemade Vegan Italian Sausage w/ Peppers, Onions & Marinara Sauce on Italian Bread 8.75  
Make It Parmigiana w/ Daiya Mozzarella Cheese \$1 Extra

### ADDITIONS & EXTRAS

Additional Salad Dressing, Sauces or Soy Mayo .50

Extra Cutlet In Sandwich or Salad, 2

Add Small Fries to Any Sandwich, Burger or Dog 1

Add Bacon to Anything 1

## BURGERS & DOGS

Soy Mayo .50	Sautéed Onions .75
Sautéed Mushrooms .75	Pickles .50
BBQ Sauce .25	Chili \$1.50
Cheese \$1	
Foodswings' Secret Sauce .50	

### Burgers are now made in-house!

**KICKIN' VEGGIE SLIDERS**-A Spicy Veggie Slider on a Mini-Roll w/ Soy Cheese Tomato, Pickles & Chipotle Sauce 3

**THE FOODSWING**-Homemade Burger w/ Lettuce, Pickle, Tomato & Red Onion 7.25

**THE FOODSWING WITH CHEESE**-Homemade Burger w/ Soy Cheese, Lettuce, Tomato & Red Onion 7.50

**THE BUFFALO BURGER**-Homemade Burger w/ Buffalo Sauce, Bleu Cheese, Lettuce, Tomato & Red Onion 7.75

**THE COWBOY**-Homemade Burger w/ Soy Bacon, Homemade Onion Ring, Lettuce, Tomato, & BBQ Sauce 7.75

**THE PIZZABURGER**-Homemade Burger w/ Tangy Marinara Sauce & Daiya Cheese 7.75

**THE GYRO BURGER**-Homemade Burger w/ Soy Mozzarella, Lettuce, Tomato, Cucumber, Black Olives & Foodswings Tzatziki Sauce 7.75

**THE POWER UP**-Homemade Burger w/ Soy Mozzarella, Sautéed Mushrooms, Lettuce, Tomato & Red Onion 7.75

**THE VEGAN HEART ATTACK**-Homemade Burger w/ Soy Bacon, Soy Cheese, Lettuce, Pickle, Tomato, Red Onion & Vegan Mayo 7.75

**THE ZAPATA**-Homemade Burger w/ Homemade Chili Con Seitan & Daiya Cheese 7.75

**THE A-DIGGITY DOG**-Two Soy Hot Dogs Served on Buns w/ Choice of Fixins (Relish and/or Sauerkraut) 6

Add Cheese \$1 Extra

**THE CHILI DOG**-Two Soy Hot Dogs Drowning in Homemade Chili Con Seitan 7

Add Cheese \$1 Extra

**CORN DOG**-Classic Carney Corn Dog Done Vegan One Dog 3.50 / Two Dogs 6.50

## FRIES & SIDES

Fries 3.50  
Cheese Fries 4  
Chipotle Cheese Fries- Chipotle Cheese & Chipotle BBQ Sauce 4.50  
Disco Fries- Gravy & Cheese 4.50  
Pizza Fries- Marinara & Mozzarella Cheese 4.50  
Punk Fries- Cheese & Bacon Bits 4.50  
Metal Fries- Cheese, Buffalo Sauce & Bleu Cheese Dressing 4.50  
Surf Fries- Cheese & Ranch Dressing 4.50  
Chili Cheese Fries- Chili & Cheese 5.50  
Mashed Potatoes 4.50  
Gravy 1.00  
Homemade Fried Plantains 3.50  
Original Mac n Cheese 4.25  
Creamy Mac n Cheese 4.25

## DRINKS

Can Soda 1.50      Soy Milk 1.95  
Bottled Soda 1.75      Orange Juice 1.75  
Coffee 12 oz 1.25  
Bottled Water 16 oz 1.50/24 oz 1.75

## DESSERTS

Desserts made in-house!  
Please ask about our selection.

Single Scoop Soy Ice Cream 2  
Double Scoop Soy Ice Cream 4

Having a Party?  
Ask to See Our Catering Menu  
Or Call us at  
1.888.481.1644

Prices do not include tax  
Prices subject to change without notice

## MILKSHAKES

THE BASIC SHAKE-Pistachio, Chocolate, Vanilla, Mint Chip, Coffee or Strawberry  
Regular 4 / Large 6

THE TANK-Chocolate Ice Cream, Peanut Butter & Cookies  
Regular 4.50 / Large 6.50

THE BELLAVEGAN-Vanilla Ice Cream, Peanut Butter & Cookies  
Regular 4.50 / Large 6.50

CRUNCHBERRIES-Strawberry Ice Cream & Cookies  
Regular 4.25 / Large 6.25

COOKIES & CREAM-Vanilla or Chocolate Ice Cream & Cookies  
Regular 4.25 / Large 6.25

LATTE-Coffee Ice Cream & Vanilla Soymilk  
Regular 4 / Large 6

MOCHA-Coffee Ice Cream & Chocolate Soymilk  
Regular 4 / Large 6

CREMESICLE-Vanilla Ice Cream & Orange Juice  
Regular 4.25 / Large 6.25

VEGAN HURRICANE-Mint Ice Cream & Cookies  
Regular 4.25 / Large 6.25

BUTTERFINGER-Chocolate Ice Cream & Chik O' Stiks  
Regular 4.50 / Large 6.50

THE SEYMOUR-Pistachio Ice Cream, Cookies & Peanut Butter  
Regular 4.50 / Large 6.50

MY LITTLE PONY-Strawberry Ice Cream & Orange Juice  
Regular 4.25 / Large 6.25

JAILBAIT-Cherry Vanilla Ice Cream  
Regular 4 / Large 6

TRAINWRECK-Strawberry Ice Cream, Peanut Butter & Cookies  
Regular 4.50 / Large 6.50

COOKIE DOUGH-Vanilla Ice Cream & Chocolate Chip Cookie Dough  
Regular 4.75 / Large 6.75

BLACK & WHITE-Vanilla & Chocolate Ice Cream  
Regular 4 / Large 6

## FLOATS\* 3.25

ROOTBEER-Root Beer Soda & Vanilla or Chocolate Ice Cream

LITTLE MISS SUNSHINE-Orange Soda & Vanilla Ice Cream

DARK & STORMY-Ginger Ale Soda & Chocolate Ice Cream

JAVA JOLT-Vanilla Cola Soda & Coffee Ice Cream

\*Floats Are Served In-House Only  
Not Available for Delivery

Check Out the Midnite Munchies Menu  
Every Friday & Saturday From 11pm-Close!  
Exclusive Food!



## Vegan Fast Food Joint

295 Grand St  
Brooklyn, NY  
718.388.1919

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M 11:30am-11pm  
Tu-Th 11:30am-12am  
Fri & Sat 11:30am-2 am  
Sun 11:30am-11pm

Free Delivery Mon-Fri 5pm-11pm  
& Sat/Sun 1pm-11pm  
(Within Zone, 10.00 Min)

“Some of the best fried chicken I ever ate & it's not even chicken”

-Sam Champion, Eyewitness News

**ALL ITEMS 100% VEGAN**

**CASH ONLY**